



### Confession

We confess that we have often failed to be good stewards of our health, even though we believe that you created us in your image and likeness. We have turned away from you and from our neighbors and chosen unhealthy, selfish behaviors. We have failed to follow your example in body, mind and spirit. Help us refocus, O God, and nurture all aspects of our beings, remembering always that we are a new creation through baptism. Wash us again in the living water and help us be faithful servants of your extraordinary gifts. Amen

### Prayer

We give you thanks, O God, that through water and the Holy Spirit you give us new birth, cleanse us from sin, and raise us to eternal life. Stir up in your people the gift of your Holy Spirit; the spirit of wisdom and understanding, the spirit of counsel and might, the spirit of knowledge and the fear of the Lord, the spirit of joy in your presence, both now and forever. Amen



### Prayers of the People

As people of faith, we're called to steward all our gifts, including our bodies, relationships, money and more. Help us to live well and care for ourselves fully in mind, body, and spirit. Hear us, O God.

**Your mercy is great.**

Shine your spirit on us, and help us recognize the ways in which we are already involved in some aspect of health ministry, such as singing in the choir, making sandwiches for the 363 Project, donating socks for the homeless, attending worship, and donating to the Baskets of Promise campaign. Hear us, O God.

**Your mercy is great.**

Inspire us to model healthy behaviors for our children and grandchildren. Hear us, O God.

**Your mercy is great.**

Surround us with your loving arms so we are able to endure hardship with resilience and grace. Hear us, O God.

**Your mercy is great.**

Instill in us the desire to have a deeper and healthier relationship with you. Hear us, O God.

**Your mercy is great.**

Walk with us on our journey of life and help us to age with strength and dignity. Hear us, O God.

**Your mercy is great.**

Until that time when we are with you face-to-face, assist us as we strive with your help and guidance to be well in all areas of The Wholeness Wheel, so that we can best serve you and those for whom we care. Hear us, O God.

**Your mercy is great.**